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Sinus instructions following an Implant or Bone grafting procedure

During a sinus surgery, the membrane is lifted and a bone graft is placed. Following this procedure, you must follow these instructions in order to prevent complications during the healing process:

1. Please take prescribed antibiotic tablets as directed. They are essential to prevent infection.
2. Refrain from sneezing through the nose. Open mouth sneezes are required during the healing process.
3. Do not inhale deeply on a pipe or cigar, blow vigorously or suck through a straw.
4. Avoid blowing your nose, although some discharge containing blood for the first few days may be expected. (Bloody nose)

Strict adherence to these instructions may prevent complications and the necessity of any further treatment at some later date.

If you have any questions about your recovery or the above recommendations, please call our office at **(925) 934-7888**. During business hours, a member of our team will be happy to assist you. If this is a life-threatening emergency, please call 911. After hours, you may call our office and follow the prompts to get in contact with Dr. Alijanian. You may also log on to our website www.DrAlijanian.com for further instructions.

***Thank you for making us your specialist of choice
"We are committed to you...giving patients a reason to smile."***